Name \_

## **Mechanisms of Breathing**

Using the list below, label the respiratory volumes on the graph.



Expiratory reserve volume	Residual volume	Total lung capacity
Inspiratory reserve volume	Tidal volume	Vital capacity

- 1. Label the X axis "Breaths/Time."
- 2. Label the Y axis "Volume of Air in Lungs (mL)." Next, label the numerical increments on the Y axis beginning with zero.
- 3. Based on your graph, the volume of air in a normal breath is \_\_\_\_\_ mL.
- 4. Write a mathematical formula showing the relationship between vital capacity, inspiratory reserve volume, expiratory reserve volume, and tidal volume.
- 5. A particular student has a vital capacity of 4000 mL, a tidal volume of 450 mL, and an expiratory reserve volume of 1350 mL. Calculate his inspiratory reserve volume?
- 6. Using the same volume numbers above and given that this same student has a residual volume of 1100 mL, calculate the total lung capacity of this student.

## In a class of 16 students the following data was collected for 8 boys and 8 girls:

Girl	Height (ft. & in.)	Vital Capacity (L)
1	5'1"	3.11
2	5'9"	3.43
3	5"6"	3.31
4	4'9"	2.95
5	6'0"	3.55
6	5'3"	3.19
7	5'7"	3.35
8	4'11"	3.03

VITAL CAPACITY (L)

Воу	Height (ft. & in.)	Vital Capacity (L)
1	6'4"	4.75
2	5'9"	4.39
3	5'5"	4.18
4	6'0"	4.54
5	6'2"	4.65
6	5'3"	4.08
7	5'11	4.49
8	6'7"	4.9

- 1. Using the graph provided graph the height and vital capacities of the girls in red and graph the height and vital capacities of the boys in blue.
- 2. Based on your graph, for boys and girls, what is the relationship between height (body size) and vital capacity?
- 3. Explain why there is a direct relationship between height (body size) and vital capacity.
- 4. Other than males are bigger than females, give a logical explanation as to why the vital capacity of males is larger than females.



## HEIGHT (FT. & IN.)